



P.R.O.W.L. **Resource Center**

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CAREER SECTION (A)

- A1. 100 Best Careers for the Twentieth Century, Shelly Field, 1999
- A2. 100 Best Careers in Crimefighting, Mary Price Lee, et. al, 1998
- A3. The 100 Best Companies to Work for in America, Robert Levering & Milton Moskowitz, 1994
- A4. The Career Connection for College Education, Fred A. Rowe Ed.D. 1994
- A5. The Career Connection for Technical Education, Fred A. Rowe Ed.D 1994
- A6. Majoring in the Rest of Your Life, Carol Carter, 1995
- A7. Discovering Your Career in Business, Timothy Butler Ph.D. James Waldroop Ph.D 1996
- A8. Career Smarts: Jobs with a Future, Martin Yate, 1997
- A9. Athletes Guide to Career Planning, Al Petitpas, et al, 1997
- A10. The Business Journal: Book of Lists 2002, William Campbell 2002
- A11. Advanced Technology in the Pacific Northwest, Christopher T. Smith, 2000



JOB SECTION (B)

- B1. Finding a Job on the Internet, Alfred & Emily Glossbrenner, 1995
- B2. The Online Job Search Companion, James C. Gonyea, 1995
- B3. Great Jobs for English Majors, Julie De Galan & Stephen Lambert, 1994
- B4. International Jobs 5th Ed, Eric Kocher & Nina Segal, 1999
- B5. International Job Hotline, Marcia P. Williams & Sue A. Cabbage, 1996
- B6. How to Find a Good Job in Seattle, Linda Carlson, 1997
- B7. Hidden Job Market, Peterson's, 1998
- B8. Discover What your Best At, Berry & Linda Gale, 1990



JOB SECTION (C)

- C1. Americas Top Jobs for College Graduates, J. Michael Farr, 1994
- C2. The Job Vault, Summer Hamadeh et al, 1997
- C3. The Big Book of Jobs, VGM Career Horizons, 1998
- C4. Liberal Arts Jobs, Burton Jay Nadler, 1989
- C5. The Foolproof Job — Search Workbook, Donald Asher, 1995
- C6. Knock ‘Em Dead 1998, Martin Yate, 1998.
- C7. Summer Jobs for Students, Peterson’s, 1997
- C8. Discover What Your Good At, Barry & Linda Gale, 1990



GRADUATE SCHOOL (D)

- D1. GMAT, Kaplan, 2002.
- D2. LSAT & LSDAS Registration & Information Book, 2003.
- D3. LSAT, Kaplan, 2002.
- D4. GRE: Exam, Kaplan, 2002.
- D5. Guide to Graduate Business Schools, Eugene Miller, 1995.
- D6. Worldwide Graduate Scholarship Directory, Daniel Cassidy, 1995.
- D7. Index of Majors and Graduate Degrees, The College Board, 1996.
- D8. MAT, Kaplan, 2002
- D9. MCAT: Comprehensive Review, Kaplan, 2002
- D10. PCAT: Comprehensive Review, Kaplan, 2002
- D11. DAT, Kaplan, 2002



RESUMES/COVER LETTERS (E)

- E1. 100 Winning Resumes for \$100,000 + Jobs, Wendy S. Enelow, 1997
- E2. 101 Grade A Resumes for Teachers, Rebecca Anthony & Gerald Roe, 1998
- E3. 175 High-Impact Cover Letters 2nd ed, Richard H. Beatty, 1996
- E4. Electronic Resumes, James C. Gonyea & Wayne M. Gonyea, 1996
- E5. Trash Proof Resumes, Timothy D. Haft, 1996



Interviewing (F)

F1. Interviewing, The Wall Street Journal, 1994

Almanacs (G)

G1. The American Almanac of Jobs and Salaries 1997-1998 ed. 1997

G2. Jobs Almanac, Adams, 1999

Government (H)

H1/H2. Dictionary of Occupational Titles, Volumes 1 & 2, US Department of Labor, 1995

H3. The Book of US Government Jobs, Dennis V. Damp, 1995



SELF HELP (I)

- I1. Planning for success in Athletics
- I2. A Student Athlete's Guide to College Success 2nd Edition
- I3. A Student Athlete's Guide to College Success
- I4. Peak Performance: Success in College & Beyond
- I5. Going the Distance: The college Athlete's Guide to
Excellence on the Field & in the Classroom
- I6. From Sabotage to Success
- I7. Embracing Your Potential
- I8. The Self-Forgiveness Handbook
- I9. Don't take it Personally
- I10. Self Esteem
- I11. Prisoners of Belief
- I12. Better Boundaries
- I13. You can't Afford the Luxury of a Negative Thought
- I14. Tough Love
- I15, 16, 17. The Road Less Traveled
- I18. The Woman's Guide to Mental Self Esteem
- I19. Your Perfect Right
- I20. Time Management: An Introduction to the Franklin
System
- I21. The Time Trap



SELF HELP VIDEOS (IV)

IV 1, 2 , 3, 4, 5. Student Athlete Restoration Program

IV 6. Citizenship through Sport

IV 7, 8, 9. NCAA Champs Life Skills

IV 10, 11. WSU Athletes: P.R.O.W.L.

IV 12. NCAA Life Skills

IV 13. Chris Weber Interview

IV 14. South Carolina BTV

IV 15. Jane Curry Performance



SPORT PSYCHOLOGY (J)

- J1. Handbook of Sport Psychology, Robert N. Singer, Heather A. Hausenblas, Christopher Janelle, 2001 2nd edition
- J2. Foundations of Sport & Exercise Psychology, Robert S. Weinberg, Daniel Gould, 1995 2nd edition
- J3. Coaches Guide to Sport Psychology, Rainer Martens, 1987
- J4. Understanding Psychological Preparation for Sport, Lew Hardy, Graham Jones, Daniel Gould, 1998
- J5. Directory of Psychological Tests in the Sport and Exercise Sciences, Andrew C. Ostraw, 1990
- J6. Thinking Body, Dancing Mind, Chungliang Al Huang, Jerry Lynch, 1994
- J7. Applied Sport Psychology, Jean M. Williams, 1998
- J8. Applied Sport Technology, An Education Approach, Mark A. Thompson, Ralph A. Vernacchai, William E. Moore, 1998
- J9. Sports Slump Busting, Alan S. Goldberg, 1997
- J10. The Mental Game of Baseball, H.A. Dorfman, Karl Kuehl, 1989 2nd edition
- J11. The Winner Within, Pat Riley, 1994
- J12. Flow in Sports, Susan A. Jackson, Mihaly Csikszentmihalyi, 1999
- J13. Psychology of Sports Injury, John Heil, 1993
- J14. Walls, Jim Callahan, 1993
- J15. Flow, Mihaly Csikszentmihalyi, 1990
- J16. Sex, Violence, & Power in Sports, Michael A. Messner, Donald F. Sabo, 1994
- J17. Counseling College Student-Athletes, Edward F. Etzel, A. P. Ferrante, James W. Pinkney



SPORT PSYCHOLOGY VIDEOS (JV)

JV1. The Struggle For Women In Sports,
HBO, 1999

JV2. Stress Inoculation, 1996

JV3. Guided Discovery Using Socratic Dialogue,
1996

JV4. Cognitive Behavioral Assessment, 1996

JV5. Educating Clients about the Cognitive Model,
1996



REFERENCE BOOKS (K)

- K1. The Essential Reference Set, 1996
- K2. Advanced American Dictionary,
Longman, 2000
- K3. A Writer's Reference, Diana Hacker, 1995
3rd edition
- K4. The American Heritage College
Dictionary, 2000 3rd edition
- K5. Roget's II, The New Thesaurus, 1995 3rd
edition



LEADERSHIP (L)

- L1. Student Leadership Practices Inventory, James M. Kouzes, Barry Z. Posner, 1998.
- L2. Exploring the Road Less Traveled, Alice & Walden Howard, 1985.
- L3. On Leadership, John W. Gardner, 1990.
- L4. The Leadership Challenge, James M. Kouzes, Barry Z. posner, 1995.
- L5. Principle Centered leadership, Stephen R. Covey, 1991.
- L6. Excellence, John W. Gardner, 1984.



LEADERSHIP VIDEOS (LV)

LV 1, 2. Foundation Leadership Conference
Banquet Video

LV 3. NCCA Foundation Leadership
Selection Process

LV 4. Foundation Leadership Participant
Video

LV 5. 1999 NCCA Foundation Leadership
Conference

LV 6. 2002 NCCA Foundation Leadership
Conference

LV 7. Chris Webber Interview
(also under JV 13)



DRUGS AND ALCOHOL (M)

- M1. Alcohol 101 (Book and CD), 1997
- M2, 3. The Angry Heart, Joseph Santoro, Ronald Cohen, 1997
- M4. The Addiction Workbook, Patrick Fanning, John T. O'Neill, 1996
- M5. Kids, Drugs, & the Law, David G. Evans, 1985
- M6. Kids and Drinking, Anne Snyder, 1977
- M7. Alcoholism and Related Problems, Louis Joylon West, 1984
- M8. Young People & Drugs, James Heaslip, Della Van Dyke, Dennis Hogenson, Lola Vedders, 1989
- M9. The Secret Everyone Knows, Cathleen Brooks, 1977
- M10. Young Alcoholics, Tom Alibrand, 1978
- M11. 800-Cocaine, Mark S. Gold, 1984



DRUGS AND ALCOHOL VIDEOS (MV)

MV1,2,3. Speak Up! Video Clips, NCAA

MV4. Alcohol 101, University of Illinois, 1998

MV5. Sports United Against Drugs, Ramano's &
Associates, 1994

MV6. Tips: Training for Intervention Procedures,
1996



PERSONAL TREATMENT (N)

- N1. Depression: How it happens, How it's healed, John Medina, 1998
- N2, 3, 4. Overcoming Generalized Anxiety Disorder, John White, 1999
- N5, 6. Overcoming Panic Disorder and Agoraphobia, Elke Zuercher-White, 1999
- N7, 8, 9. Overcoming Situational and General Anger, Jerry L. Deffenbacher, Matthew McKay, 2000
- N10. Living with ADD, M. Susan Roberts, Gerald J. Jansen, 1996
- N11. The Anger Control Workbook, Matthew McKay, Peter Rogers, 2000
- N12. The Chronic Pain Control Workbook, Ellen Mohr Catalano, Kimeron N. Hardin, 1996
- N13. The OCD Workbook, Bruce M. Hyman, Cherry Pedrick, 1999



PERSONAL TREATMENT VIDEOS (NV)

- NV1. Slim Hopes: Jean Kilbourne, 1995.
- NV2. Sexual Harassment: Building Awareness on Campus, Jean Kilbourne, 1995.
- NV3,4. Athletes for Sexual Responsibility: Smart Sex, 1993. (2)
- NV5. Worth the Gamble: NCAA, 1993.
- NV6. “Benny Silman:” Sports Wagering Awareness Video.
- NV7. Gambling With Your Life: NBA
Entertainment
- NV8. 48 Hours: The Price of Perfection
- NV9. One Night Can Have a Lifetime of
Consequences



ARCHIVES (NA)

The Healing Sorrow Workbook

Grief Counseling & Grief Therapy

Beyond Grief

The Troubled People Book

I Can't Get Over it- Trauma Survivor Handbook

My Son...My Son... A Guide to Healing after Death, Loss,
Suicide

Reviving Ophelia

Beyond Codependency (2 copies)

Codependent No More (2 copies)

Walls "The Boundaries we establish for our Minds are the
Greatest Walls in our Lives"

Toxic Parents

When Bad Things Happen to Good People

Health Professions Education Directory 1997-1998